

RESOURCES FOR HELPING CHILDREN COPE AFTER A TRAUMATIC EVENT

[Resources for Helping Youth Cope after a Mass Shooting](#) (youth.gov)

[Talking to Children About Violence: Tips for Parents and Teachers](#) (National Association of School Psychologists)

[Helping Children Cope with Frightening News](#) (Child Mind Institute)

[Helping Children Cope After a Traumatic Event](#) (broken down by ages) (Child Mind Institute)

[Fred Rogers Institute](#)

Talking With Children About Difficult Things In the News

https://www.nctsn.org/sites/default/files/resources//after_a_crisis_helping_young_children_heal.pdf

After a Crisis: How Young Children Heal (The National Child Traumatic Stress Network)

[Age-Related Reactions to a Traumatic Event](#) (The National Child Traumatic Stress Network)

[Talking to Children When Scary Things Happen | The National Child Traumatic Stress Network](#)

[Creating Supportive Environments When Scary Things Happen | The National Child Traumatic Stress Network](#)

[Helping Young Children with Traumatic Grief: Tips for Caregivers](#) (The National Child Traumatic Stress Network)

[Helping Teens with Traumatic Grief: Tips for Caregivers](#) (The National Child Traumatic Stress Network)

[Guiding Adults in Talking to Children About Death and Attending Services](#) (The National Child Traumatic Stress Network)

[Helping School-Age Children with Traumatic Grief: Tips for Caregivers](#) (The National Child Traumatic Stress Network)

[For Teens: Coping after Mass Violence](#) (The National Child Traumatic Stress Network)

[Announcing Disaster Mobile App: Help Kids Cope](#) (The National Child Traumatic Stress Network)

[Tips for talking with and helping children and young people cope after community violence](#) (Australian Psychological Society)

[CRWS How to talk to youth about scary events.pdf](#) (Institute of Behavioral Science: University of Colorado Boulder)

<https://www.nctsn.org/sites/default/files/resources/fact-sheet/talking-to-teens-when-violence-happen-nctsn-partner-in.pdf> Talking to Teens When Violence Happens (Institute of Behavioral Science: University of Colorado Boulder)

[Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Caregivers, and Teachers | SAMHSA Publications and Digital Products](#)

[How to Help Children Cope with a Gun Violence Tragedy](#) (Sandy Hook Promise)

[Explaining the News to Our Kids | Common Sense Media](#)

[Helping Children Cope - Canada.ca](#) (Public Health Agency of Canada)

[HELPING YOUR CHILD COPE WITH MEDIA COVERAGE OF DISASTERS:A FACT SHEET FOR PARENTS](#) (Disaster and Community Crisis Center - University of Missouri)

[Talking with Kids about Uvalde: A Step-by-Step Guide - Momentous Institute](#)

[Traumatic Events Tip Sheets | Survivors and Witnesses | Voices Center for Resilience](#)

[Mass Violence Tip Sheets | Talking to Children | Voices Center for Resilience](#)

[Mass Violence Tip Sheets | Mental Health Considerations | Voices Center for Resilience](#)

[Resources for families to cope after mass shooting | WBEZ Chicago](#)